



*“Ladybug, Herb Garden,
Fellows Riverside Gardens”*

(photo courtesy of Scott Lanz)

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Greetings Friends,

If you were fortunate to be at Fellows Riverside Gardens on the evening of May 19, 2021, you not only were able to witness summer awakening in the Gardens, but also were able to enjoy a glass of wine and music by the YSU Alumni Jazz Band. As one of our 'Welcome Back to the Gardens' programs, this was the first of the 'Wine and Jazz' series sponsored by Friends of Fellows Riverside Gardens. Several more are scheduled throughout the summer.

With the reopening of our gift shop on May 7 and our first plant sale during the weekend of May 15 and 16, our supporters were welcomed back with a spectacular assortment of merchandise in the Shop and an amazing selection of vegetables and herbs provided by our Plant Sale Committee. Thanks to all who made this happen and for helping our Friends organization make up for some lost time from the previous year.

We are counting down to our biggest fundraiser of the year, the Summer Garden Party, planned for Friday, July 30, 2021. Some modifications have been made as we gradually return to hosting large events. Fortunately, the Gardens offer a beautiful setting and plenty of space to spread out. Following a cocktail hour and plentiful hors d'oeuvres, music will be provided by Rudy and the Professionals. Watch for your invitation soon!

You may have noticed some construction going on in the area of the children's garden. Work has begun on the new outdoor education building. We are most appreciative of all of you who have continued to support Friends and our commitment to assist with funding for special projects through this pandemic year.

Finally if you follow 'What's in Bloom' which is broadcast by 'Miss Lynn' (Lynn Zocolo), Mill Creek MetroParks Senior Educator, you may have seen her point out the primrose plants growing in the shade garden at Fellows Riverside Gardens, explaining that they are early bloomers. She goes on to say there is a legend that the primrose is a symbol of safety and protection and if placed on your doorstep it will encourage mythical fairies to visit you. Be sure to look for the primrose the next time you visit the shade gardens at Fellows and keep an eye out, you just may see signs of the fairies!

As you can see, no matter where your interests lie, there is much going on at Fellows Riverside Gardens. Join us as we celebrate and 'welcome you back to the Gardens!'

Denise Stewart

The Friends of Fellows Riverside Gardens

Newsletter Editorial Team: *Jim Houck, Scott Lanz, Denise Stewart, Janet Yaniglos, Mary Ann Navarro, Sarah Lowry, Bill Mullane, Kathleen Krantz*

Cover and Inside Photo: Scott Lanz

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To become a member of Friends of Fellows Riverside Gardens, visit www.friendsoffellows.org.

FRIENDS OF FELLOWS RIVERSIDE GARDENS

Since 1988, the Friends have been dedicated to the promotion, improvement and preservation of Fellows Riverside Gardens, a free public garden, through advocacy and fundraising. As a non-profit 501(c)3 organization, the Friends are independent of the Gardens and Mill Creek MetroParks, yet work in steady collaboration with them to sponsor events and programs and to fund large-scale garden projects.

BOARD OF DIRECTORS VOTING MEMBERS

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MILL CREEK METROPARKS STAFF AT FELLOWS RIVERSIDE GARDENS

Fellows Riverside Gardens Director: Open
Visitor Services Manager: Jessica Jablonski
Maintenance: Kathy Monteleone
Receptionist: Emily Detwiler
Receptionist: Lori Rodgers
Receptionist: Mary Sue Grenga
Education Manager: Dr. Jim Infante
Educator: Lynn Zocolo
Educator: Andrew Starr
Gardens Supervisor: Sarah Spetsios
Gardener: Marcy Dubec
Garden Maintenance: Andy Russell
Garden Maintenance: Daniel McElroy
Seasonal Gardener: Barbara Sloan
Seasonal Gardener: Vera Retter
Seasonal Gardener: Lee Toth
Seasonal Gardener: Alex Erf
Seasonal Gardener: Emily Elam
Seasonal Gardener: Dalton Campana
Horticulture Intern: Andrew Pitk

Shop in the Gardens Staff

Manager, Buyer/Merchandising: Jeanne Simeone
Shop Assistant: Susan Wojtowicz
Shop Assistant: Jennifer Aronson
Shop Assistant: Cheryl McIntyre

Friends Staff

Operations Manager: Kathleen Krantz

Garden Spotlight – What's Growing? Summer 2021

On any given sweltering, sun-drenched, summer day, Fellows Riverside Gardens are a-buzz, with people and pollinators alike, hovering over the flowers breathing in the sweet scents, marveling at their brilliant colors. The belles of the buzz are, of course, the roses.

Many affectionately refer to Fellows Riverside Gardens as simply the “Rose Gardens,” which is an apt and accurate nickname. Though the blooms are perennial and predictable, they never disappoint and are the root for many fond memories.

“The modern rose garden, housing approximately 1,200 roses, has been pruned, edged, mulched, and fertilized and about to hit peak bloom time in

mid-June,” Garden Supervisor Sarah Spetsios proudly reports. Though 1,200 roses may seem like a lot, an additional 90 roses were planted this season, Spetsios adds. This rainbow of roses ranges from soft whites and yellows to vibrant pinks and oranges. And of course, there are plenty of red, red roses.

On top of the Gardens' feature flower, volunteers are getting busy digging in to annual planting season, as well. Dozens and dozens of annuals, from common crowd pleasers to intriguing tropical species, are being prepped to be planted in beds throughout the grounds. There's always a new shape, color, texture, or scent to experience in the Gardens in the summer.

A Persian Proverb says, “The world is a rose, smell it, and pass it to your friends.” While the roses at Fellows Riverside Gardens are not to be touched or handed over to friends, they are certainly there to be enjoyed by friends and family from far and near. While perusing the blooms, visitors often pause—sometimes quickly to snap a photo or two for sharing on social media. While other times they linger a little longer to find the perfect pose to capture memorable moments at milestone events from baby showers to graduations to weddings and beyond.

May this summer be shared and celebrated with plenty of friends, flowers, and photographs to capture these precious moments.



Under Construction! An Innovative Family Garden

If you visited the Gardens over the past year, you would have noticed the cleared land at the northern end of the parking lot where the Family Garden once stood. Gone are the colorful fences, the flower beds and vegetable plot, the large industrial “tube” that brought delighted youngsters into the garden space.

What’s now taking shape is an outdoor education center that will be the centerpiece of a fun-filled garden experience for children. The entire footprint of the new garden space will be more than doubled, as removal of the fencing where the beehives and whimsical garden art once stood has opened up the land to its western edge, McKinley Avenue.

The building under construction will be a hub for children and families to learn about plants and horticulture. Its innovative design provides “outdoors yet indoors” classroom space, with its north-facing curved walls sliding open to the outside for beneficial natural air circulation, an unintended bonus in these covid-affected times.

The small-scale building is essentially a roomy open classroom, with storage space. There is water access, heating and cooling and electrical supply; the costs of restroom construction were eliminated because of the proximity to restroom facilities at the southeast edge of family garden. As the schematic shows, natural stone surrounds the building entrance facing the parking lot, and porticos add shade.

A dream realized for the Cushwa family

This innovative structure will be known as the Margaret Cushwa Outdoor Education Building. It brings to fruition a long-held dream of the Cushwa family. Their donation of \$200,000 to the Friends of Fellows Riverside Gardens was made more than 15 years ago – a concept plan from 2005 described the creation of an outdoor education structure. The donation was made by the Commercial Intertech Foundation in honor of Commercial Intertech employees and the Cushwa family, including Margaret. Margaret Cushwa was a dedicated Park Commissioner from 1985 to 1990,

and loved the park and its garden.

As the design concepts for this structure crystallized in recent years, it became apparent that the Commercial Intertech Foundation donation to Friends, grown to \$241,000, would need to be supplemented. The Board of Friends of Fellows Riverside Gardens voted last year to donate \$100,000 to the project. With the MetroParks budgeting an additional \$100,000, Phase I of this project became possible.

J. Herbert Construction of Salem was awarded the bid for construction of the facility. The building architect is Peninsula Architects of Peninsula, Ohio, who have designed nature-oriented structures in parks across northeastern Ohio. The target for completion of Phase I construction is late November 2021.

Phase II design in progress

Meanwhile, design is underway for Phase II, which focuses on the surrounding garden space and experience. If you have ever visited public gardens across the U.S., you’ve seen what’s happening in the world of children’s gardens. Interactive spaces that let families explore nature through water play, discovery stations and creative structures are standard, engaging features.

Design planning for Phase II is spearheaded by MetroParks Planning & Operations Director Justin Rogers, who is also a registered landscape architect. Former Gardens Director Andrew Pratt collaborated with him over months of research and concept planning. Andrew proudly predicted that the re-designed, enlarged garden space would become a ‘destination garden’ for families, school children and toddlers across the region.

2022 will be a big year for Phase II. Future issues of the Friends newsletter will share design ideas and plans for this imaginative garden.

If you are interested in donating to the Phase II phase of the family garden project, please contact the MetroParks office.

Member Spotlight: *Emily Huggins*

New Blood Brings Energy, Fresh Ideas to Friends Board

Emily Huggins has a zest for life and she's bringing that energy to Friends.

The twenty-something relatively new Board member, an accountant at Packer Thomas, has graced Friends with her first community service experience and immediately took on the role as Treasurer.

"My immediate family moved out of state in 2019 and I was looking for volunteer work to get more involved in the community," Emily said. "I leaned on my mentor, Lou DiPaolo, a Packer Thomas shareholder and former Friends Treasurer, and he guided me here."

Emily said she grew up visiting the Gardens and her grandparents' wedding pictures were even taken there.

"Board service creates a connection within your community," she said. "Particularly from the viewpoint of my generation who loves it here, we can't revitalize Youngstown if we're not involved. We have to give back to the community pillars we have, like the Gardens and Mill Creek Park."

Emily grew up in Poland and graduated from Youngstown State University in 2019. She recently completed an MBA from Missouri State University. Now she's studying for her CPA exam.

Booze Raffle Takes Off

While she does that, she crafted a new fundraiser for Friends that's catching the attention of her vast network of friends and professional colleagues, along with many of her Board peers' networks, as well.

In conjunction with the upcoming Garden Party, Emily coordinated



a "Booze Raffle" involving selling chances at one of three collections of beer/wine/liquor bottles in exchange for a \$10 ticket. Winners will be drawn at the Garden Party.

"I was part of a similar project to raise money for a family friend in need, and once I saw how much it raised I just wanted to go for it here, too," Emily said.

Her social media following responded with more than 150 bottles donated plus \$600 in cash to purchase more. The three winners will split a combined 200-plus bottles of mostly high-end adult beverages!

"It's definitely exciting to see how well received it's been, plus as Treasurer

I like to point out we have zero expenses in this. Everything has been donated. We hope to raise \$5,000 from this raffle," she said.

Emily said funds raised through the raffle will go toward building up Friends' unrestricted funds for day-to-day expenses. The pandemic put a halt to many of the sources of income that go toward this fund – including proceeds from the gift shop, special events and membership dues.

It's not too late to enter the Booze Raffle. You can buy tickets at the Shop in the Gardens or ask any Board member. Tickets will also be on sale the day of the raffle at the Garden Party.

Save the Date

all events held at Fellows Riverside Gardens

JULY 2021

- FLOWER BOUQUET SALE – DeYor Terrace..... Sunday, July 11th, Noon – 5 pm
- On the Terrace at 5! Wednesday, July 14th, 5 pm – 7:30 pm
- Summer Garden Party Friday, July 30th, 6 pm – 10 pm

AUGUST 2021

- On the Terrace at 5! Wednesday, Aug. 18th, 5 pm – 7:30 pm

SEPTEMBER 2021

- FLOWER SALE: MUMS and BULBS – DeYor Terrace Sept. 18th & 19th, 10 am – 5 pm
- On the Terrace at 5! Wednesday, Sept. 22nd, 5 pm – 7:30 pm

The above "save the dates" are for all Friends sponsored events.



News from our Shop Manager, *Jeanne Simeone*

It has certainly been a very long and challenging year for everyone. All of us have had to reevaluate, adjust and in some cases, completely overhaul our operations in an attempt to “weather the storm”.

After 14 months of the Davis Center being closed, the staff and I of Shop in the Gardens are so excited to welcome back all of our customers, especially members of Friends. We are committed to bringing our customers new and unique merchandise every season, displayed in a way to help you make decisions on purchases that would suit your home or garden.

Our staff looks forward to helping you with your purchases or wrapping a gift for your someone special free of charge. We can also renew your Friends membership in the Shop so that you continue to receive your discount and invitation to special Shop events.



The ripple effect of the pandemic has had far reaching global consequences that no one could have predicted and that continue to impact the

supply chain. Many of our vendors have closed or have decreased inventory. I look at this as a positive because it gives me the opportunity to search out

new vendors and in turn bring our customers new inventory.

My goal in choosing merchandise is to match nature's feel of good vibes with unique décor for your living spaces both indoor and outdoor. Decorative planters, fountains, well designed benches, potting tables, playful pillows and mats for your porch that will bring a smile to your face are just a few of the items you will find in the Shop at reasonable prices.

Hosting a dinner party or barbecue? We have pieces that will bring your entertaining to a new level. You'll love when someone asks, “Where did you get that?”

One of our reopening plans is to have monthly specials for our members with extra discounts. Be sure to give us your email address so that we can send you email messages about these events and follow us on Facebook.

Getting to know Jeanne Simeone

I have been with the Shop in the Gardens for the past 13 years as the buyer/designer along with now being the Shop in the Gardens Manager. I will continue to make my twice annual buying trips to Atlanta to bring you the latest trends in décor and hosting that our Shop has built a reputation for.

I am a lifelong area resident, with past 27 years in Canfield where I reside with my husband John. We have 4 children and 8 grandchildren. Besides running my own business for the past 40 years, I have been involved with numerous community organizations and developed many wonderful relationships.

I so enjoy when our customers come in just to catch up. The Gardens are always changing, so make a trip down soon, and return often. Have lunch while looking over one of the most scenic views in the city and then stop in the Shop to browse and say hello. You'll be glad you came.



Welcome back to “On the Terrace at 5!”



After over a year of closures and cancelled events prompted by the pandemic, Friends of Fellows Riverside Gardens welcomed back members and guests to “Wine and Jazz on the Terrace” held outdoors on the evening of May 19th at the Kidston Pavilion. It was a beautiful spring evening with food, music, wine and friends in a setting replete with lovely spring flowers. Music performed by “All that Jazz” and small plates were available for purchase by Kravitz Café along with a robust selection of wines poured by Friends volunteers.

Approximately 75 guests joined us with seating around the terrace overlooking

beautiful Lake Glacier as well as in the pathways in the perennial garden. The musical trio provided a great selection of jazz and well-known songs playing well in to the early evening. One of our guests enjoyed the music so much she was inspired to pick up the microphone and sing with the trio. We hope she returns for another performance!

Our second event was held June 9th and returned to the usual venue on the terrace outside the Café located within the Davis Center. In addition to wine, there were craft beers from Paladin Brewing. Kravitz Café offered a limited menu of items that added to the enjoyment of those attending. A brief

shower did chase us indoors to the Café where guests continued to enjoy the evening and the music from the talented trio of “All that Jazz”.

Friends would like to acknowledge and thank Ron and Joann Eiselstein for their generosity in sponsoring the music for both of these events.

“On the Terrace at 5!” will return July 14th, August 18th and we will close the season on September 22nd. Friends looks forward to greeting you at one or all of these future events and for supporting this fundraiser.

Tara Fodor

Local Flower Farmer, Selling Blooms July 11

This year the traditional spring plant sale of Friends of Fellows Riverside Gardens has evolved into several smaller scale weekend sales throughout the summer. The sale scheduled for Sunday, July 11, 2021 will feature flower bouquets provided by Tara Fodor of Fodor Tree Farm and Farmhouse Blooms, located in Poland, Ohio.

Tara describes her farm as a ‘full fledged flower farm’ growing over 100 varieties of plants. Tara prides herself on her unique bouquets, mixing flowers and fragrant herbs and foliage.

Although Tara primarily provides her fresh cut flowers to florists, local farmers markets, and for special events, she

occasionally offers an ‘open studio’ which is advertised on social media, when customers are able to come to the farm to purchase flowers.

Appointments can be scheduled in advance to pre-order flowers for special events. She is now accepting bookings for 2022.

Tara holds a degree in marketing, and in addition to her daily work on the farm, one of her favorite activities is providing workshops where she says she ‘loves connecting with people.’ A great selection of Tara’s unique, locally grown, spectacular summer blooms will be available on the outdoor terrace from 10 a.m. to 5 p.m.

May and June Spring Plant Sales

The first of four plant sales for 2021 by the Friends of Fellows Riverside Gardens was held May 15th and 16th on the terrace leading to the DeYour Concourse outside the Davis Center. This sale featured a large variety of non-GMO vegetable plants and herbs for the home garden. By the start of the plant sale at 10 am, customers were eagerly browsing the selections and filling their shopping boxes.

Volunteers and master gardeners provided customers with growing information as well as answering general gardening questions as they browsed. Our selection of herbs was totally sold out by Noon Saturday. Most of the vegetable plants were sold by end of day Sunday. The few remaining plants were donated to the Warren Urban Gardens and the Dorothy Day House Garden. Many customers told us that they enjoyed the smaller format of this first sale and the location on the terrace.

Friends would like to acknowledge: Herb Chair and Master Gardener Pam Baytos, Vegetable Chair and Master Gardener Monica Parkhurst, all of our steadfast volunteers who helped with sorting, set up and assisting customers and Plant Sale Chairperson and Master Gardener Deb Metzger for her many months of work and planning to bring the annual plant sale back to life.

Our second plant sale on June 12th – 13th featured over 150 tropical succulents and a variety of seedling and tuber dahlias. Tropical succulents have increased in popularity as

indoor plants due to exotic shapes and colors. Carol Knock, chairperson and Master Gardener, is a recognized expert of succulents and chose the selection of plants for this sale and spoke to buyers on how to care for their new plants. Stan Vuletich, dahlia chairperson, is well known to the area dahlia community for his passion and extensive knowledge on the growing and care of these summer flowers. He not only cares for the dahlias at Fellows Riverside Gardens, but also at Austintown Park and White House Farms. Many customers were pleased that they were able to purchase “Stan’s dahlias” and the opportunity for talk with him about planting their own dahlia garden. Many thanks to Carol and Stan for their ongoing support and sharing their talents with our local growing community!

Mark your calendar for Sunday July 11th from Noon to 5 pm to stop by to pick up a fresh bouquet of flowers grown locally by Tara Fodor Designs. On September 18th -19th we will be featuring mums, bulbs and perennials. All proceeds from the sales will support Fellows Riverside Gardens.

A special thanks also to Sarah Spetsios, Garden Supervisor and Marcy Dubec, gardener, Daniel McElroy and their seasonal team along with Kathy Monteleone for help with transporting plants from the greenhouse and the set up and tear down for the event. Many hands and hearts have made these sales a success.



CLASS SCHEDULE

Note: For more information on any of these events or classes or to register online please go to www.millcreekmetroparks.org.

Please note – for the safety of staff and attendees all current CDC and state health guidelines will be observed. There will be a limit on the maximum number of people in each class. Registration is required for many of the classes in this listing - there are NO drop-in classes.

EXHIBIT

Mill Creek MetroParks History

Ongoing | Tuesday – Sunday,
10 am – 5 pm
Location: Fellows Riverside Gardens

The Melnick Museum offers the visitor a peek into the unique history of Mill Creek MetroParks. Look back and discover how Volney Rogers garnered property and how that land has grown into Mill Creek MetroParks. Learn about the generosity of Elizabeth Fellows that was the beginning of Fellows Riverside Gardens. And take time to learn about the early days of McGuffey and his boyhood homestead located in Coitsville and now known as the McGuffey Wildlife Preserve.

The Joy of Wildlife and Nature

Artist: Tom Antonishak
7/18 – 10/9
Location: Fellows Riverside Gardens,
Weller Gallery

Mill Creek MetroParks is proud to welcome back Tom Antonishak to the Weller Gallery. Such an immensely talented artist and one whose paintings and sculptures can be seen throughout the Mahoning Valley. Tom's Mill Creek MetroParks connections include: "the Morning Glory Fountain" in Fellows Riverside Gardens; his painting, "Seasons" and his illustrations were provided for signage in the Newport Wetlands boardwalk signs; and "Along the Bluebird Trail" painting of MetroParks Farm is featured in the Administration Office lobby. Tom was the first artist to exhibit in the Weller Gallery in 2001. This current exhibit demonstrates the challenges of the research it takes to learn the animal's habitat. It brings the viewer's attention to the wonder and beauty of nature and how fragile it is becoming.

EXPRESS YOURSELF

Summer Grapevine Wreath

7/17 | 10:00 am - 12:00 pm
Location: Fellows Riverside Gardens –
Kidston Classroom

Create a summer grapevine wreath of silks and assorted greenery with Instructor Judy Stanislaw. Register / pay by 7/15, online or call 330.740.7116. \$26 R; \$28 NR.

Introduction to Nature

7/31 | 10:00 am - 11:30 am
Location: Fellows Riverside Gardens –
Kidston Classroom

Join local nature photographer, Cory German to learn the basic fundamentals of how to use your camera to the best of its abilities including picture composition and how to get the perfect shot. Then walk in the Gardens to take pictures. Register/pay by 7/29, online or call 330.740.7116. \$17R, \$19NR

Autumn Sunflower Wreath

8/28 | 10:00 am - 12:00 pm
Location: Fellows Riverside Gardens –
Kidston Classroom

Celebrate the change of the seasons by crafting a warm and autumn-filled wreath for your home using silk fall flora. Instructor Judy Stanislaw will guide you in the artistry of crafting a wreath. Register / pay by 8/26, online or call 330.740.7116. \$28 R; \$32 NR.

HEALTHY LIVING

Yoga in the Gardens

Tuesday and Thursday mornings
7/6, 7/8, 7/13, 7/15, 7/20, 7/22, 7/27,
7/29 | 9:30 – 11:00 am
Location: Fellows Riverside Gardens:
Radius Room

Join Marina Perdos for a blend of energizing yoga styles that will help you keep a healthy outlook. All levels are welcome. Bring a mat and small blanket. Register / pay by 2 days prior to session, online or call 330.740.7116. \$15/class



Yoga Basics Course

Sundays or Tuesday
8/15 – 10/10 | Sundays
8:00 am – 9:00 am or
8/10 – 10/05 | Tuesdays
6:00 pm – 7:00 pm
Location: Fellows Riverside Gardens:
Radius Room

Learn the basics of Yoga in a safe way with Karres Cvetkovich. Benefit from an experienced teacher and a welcoming environment. Focus on the fundamentals: ease of movement, being more limber, standing strong on your own two feet, and breathing well for positivity and alertness. Bring a mat and a blanket, pillow if desired. Choose either Sunday mornings or Tuesday evenings for this nine-week course. Register / pay by 8/1, online or call 330.740.7116. \$90

Yoga in the Gardens

Tuesday and Thursday mornings
8/3, 8/5, 8/10, 8/12, 8/17, 8/19, 8/24,
8/26 8/31 | 9:30 – 11:00 am
Location: Fellows Riverside Gardens:
Radius Room

Join Marina Perdos for a blend of energizing yoga styles that will help you keep a healthy outlook. All levels are welcome. Bring a mat and small blanket. Register / pay by 2 days prior to session, online or call 330.740.7116. \$15/class

T'ai Chi Step One in the Gardens

7/7, 7/14, 7/21, 7/28 | Noon – 1 pm
Location: Fellows Riverside Gardens –
Radius Room

Ease stress, improve health, and increase vitality. Join Marie Lew in warm-ups, breathing exercises and selected movements from a classic Chen T'ai Chi form. Register / pay by 2 days prior to session online or call Fellows Riverside Gardens at 330-740-7116 for details. \$10/class

T'ai Chi Step One in the Gardens

8/4, 8/11, 8/18, 8/25 | Noon – 1 pm
Location: Fellows Riverside Gardens –
Radius Room

Ease stress, improve health, and increase vitality. Join Marie Lew in warm-ups, breathing exercises and selected movements from a classic Chen T'ai Chi form. Register / pay by 2 days prior to session online or call Fellows Riverside Gardens at 330-740-7116 for details. \$10/class



Breath, Balance & Vitality

7/7 – 7/28 | Wednesdays 10 am – 11 am
Location: Fellows Riverside Gardens,
Radius Room

Join Kelley Leone for Breath, Balance & Vitality, a mediational movement class using an infusion of Qi Gong, basic yoga and meditation to Solfeggio Tones, sound healing music. Transform any tension or stress held in the body/mind to revitalized energy. Bring a yoga mat and a small blanket. Register/pay by 2 days prior to session, online or call 330.740.7116. \$12/class

Breath, Balance & Vitality

8/4, 8/11, 8/18, 8/25 |
Wednesdays 10 am – 11 am
Location: Fellows Riverside Gardens,
Radius Room

Join Kelley Leone for Breath, Balance & Vitality, a mediational movement class using an infusion of Qi Gong, basic yoga and meditation to Solfeggio Tones, sound healing music. Transform any tension or stress held in the body/mind to revitalized energy. Bring a yoga mat and a small blanket. Register/pay by 2 days prior to session, online or call 330.740.7116. \$12/class

Breath, Balance & Vitality

7/7 – 7/28 | Wednesdays
6:00 pm – 7:00 pm
Location: MetroParks Farm –
Classroom A

Join Kelley Leone for Breath, Balance & Vitality, a meditational movement class using an infusion of Qi Gong, basic yoga and meditation to Solfeggio Tones, sound healing music. Transform any tension or stress held in the body/mind to revitalized

energy. Bring a yoga mat and a small blanket. Register/pay by 2 days prior to session, online or call 330.740.7116. \$12/class

Breath, Balance & Vitality

7/28, 8/4, 8/11, 8/18, 8/25
Wednesdays 6:00 pm – 7:00 pm
Location: MetroParks Farm – Classroom A

Join Kelley Leone for Breath, Balance & Vitality, a meditational movement class using an infusion of Qi Gong, basic yoga and meditation to Solfeggio Tones, sound healing music. Transform any tension or stress held in the body/mind to revitalized energy. Bring a yoga mat and a small blanket. Register/pay by 2 days prior to session, online or call 330.740.7116. \$12/class

HORTICULTURE

Botanical Mornings

7/23 | 9 am - 10 am
Location: Fellows Riverside Gardens

Discover the progress of seasons at Fellows Riverside Gardens. Then, enjoy a complimentary cup of coffee or tea in Kravitz's Garden Café. Register/pay by 7/21, online or call 330.740.7116. \$5

Botanical Mornings

8/27 | 9 am - 10 am
Location: Fellows Riverside Gardens

Discover the progress of seasons at Fellows Riverside Gardens. Then, enjoy a complimentary cup of coffee or tea in Kravitz's Garden Café. Register/pay by 8/25, online or call 330.740.7116. \$5

KIDS & FAMILIES

Sprout Club: Root Beer & Sassafras Trees

7/15 | 1:00 pm – 2:00 pm
Location: Fellows Riverside Gardens: Kidston Classroom

Ages 3-5, plus adult. Join Sprout Club for learning and fun with hands-on activities with root beer and sassafras trees. Register/pay by 7/13, online or call 330.740.7116. \$7

Sprout Club: Fossils

08/19 | 1:00 pm – 2:00 pm
Location: Fellows Riverside Gardens: Kidston Classroom

Ages 3-5, plus adult. Join Sprout Club for learning and fun with hands-on activities with fossils. Register/pay by 8/17, online or call 330.740.7116. \$7

Tractor-Wagon Rides

7/08 and 7/25 | 10:00 am & 11:00 am
8/12 | 10:00 am – Noon
8/22 | 1:00 pm – 4:00 pm
Location: MetroParks Farm

It's summertime. Come and see how the farm is changing during a guided tractor-wagon tour of the farm leaving at 10am and 11 in July and August mornings and August 22 at 1, 2 and 3 pm Barns are open. Call 330.740.7116 for details. Max number of people per wagon is 30

Family Discovery Days – Newport Wetlands

8/7 | 10 am – 2 pm
Locations: Newport Wetlands & Lower Bears Den Meadow

Find out why wetlands are special when you explore and investigate the Newport Wetlands during this special Family Discovery Day. Then take the trolley to Bear Creek for some stream stomp'n'. Bring boots and your lunch. Register/pay by 8/1, online or call 330.740.7116. \$30 R Family; \$35 NR Family Kids ride trolley, parents drive over in their car

Family Discovery Day – H2O Water Olympics

8/18 | 10:00 am – 2:00 pm
Location: Fellows Riverside Gardens – Kidston Classroom

Make a splash by joining our H2O water Olympics. Learn how important H2O is to all living things as we investigate the science of water. Enjoy a boat ride on Lake Glacier. Bring your own lunch and beverage. Register/pay by 8/11, online or call 330.740.7116. \$20 R; \$25 NR



LECTURES

Naturalist Series: A Concert of Crickets and Katydid

7/7 | 6:30 pm – 7:30 pm
Location: Virtual presentation / Zoom

As birds finish their season of song in the late summer, crickets and katydids take the stage for nature's final performances of the year. Dr. Lisa Rainsong of the Cleveland Institute of Music will introduce you to the members of the delightful ensemble and explain how to identify the singers of late summer and early autumn. To register, go to <https://mahoning.osu.edu/events/naturalist-series-concert-crickets-and-katydid>. Virtual presentation via Zoom.

Naturalist Series: Ohio's Comeback Critter, The Bobcat

8/19 | 6:30 pm – 7:30 pm
Location: Virtual presentation / Zoom

By the date of statehood in 1803, numerous native wildlife species had vanished from Ohio's landscape. Several reasons were to blame including unregulated hunting and habitat loss. However, thanks to powerful acts of legislation put in place by influential conservationists, populations of many species have since recovered or are currently rebounding. Join Jamey Emmert with the Ohio Division of Wildlife to learn more about the resurgence of one species in particular, the bobcat. We will discuss identification tips, population distribution and trends, life history and ecology, and how you can help contribute important data to science. Virtual presentation via Zoom. To register, go to <https://go.osu.edu/bobcat>

THIS AND THAT

FOR THE BIRDS: Birding the Sanctuary

7/17 | 8 am – 9:30 am
Location: Mill Creek Wildlife Sanctuary

Enjoy a summer morning walk led by Jeff Harvey. We'll look for and listen to the birds of Mill Creek Wildlife Sanctuary. Space is limited. Boots required. Moderate, 1.25 mi. Register by 7/15, call 330.740.7116

FOR THE BIRDS: Birding the Sanctuary

8/21 | 8 am – 9:30 am
Location: Mill Creek Wildlife Sanctuary

Enjoy a summer morning walk led by Jeff Harvey. We'll look for and listen to the birds of Mill Creek Wildlife Sanctu-



ary. Space is limited. Boots required. Moderate, 1.25 mi. Register by 8/19, call 330.740.7116.

TRAVELING NATURALIST: Lily Pond

7/11 | 1:30 pm – 3:30 pm
8/10 | 11:00 am – 1:00 pm
Location: Mill Creek Wildlife Sanctuary

While enjoying Sunday in the park stop by the Lily Pond to chat with a Park Educator about the different plants and wildlife you may see. Call Fellows Riverside Gardens, Call 330-740-7116 for details.

HIKES & WALKS

7/22 | 1:00 pm – 2:30 pm
Location: Hitchcock Woods

Join a Park Educator to learn about the different layers of a forest community. By conducting hands-on investigations, you will discover the importance of the forest to both people and wildlife. Register by 7/20, online or call 330.740.7116. Free

Kayaking Lake Newport

7/17 | 10:00 am – 12:00 noon
Location: Lake Newport – East Newport Boat Launch

Join a Park Educator for a relaxing paddle around scenic Lake Newport and the wetlands as we look for and learn about the wildlife that inhabit the area. Bring your own kayak. Participants under 18 must be accompanied by an adult. Register/pay by 7/15, online or call 330.740.7116. \$12 R; \$15 NR





of Fellows Riverside Gardens

123 McKinley Avenue • Youngstown, OH 44509

Mill Creek MetroParks - Fellows Riverside Gardens

Free and open daily, dawn until dusk

D.D. and Velma Davis Education & Visitor Center

Information Desk 330.740.7116

Tuesday - Sunday, 10 am - 5 pm

Closed: Mondays

Closed: Thanksgiving, Christmas & New Year's Day

Shop in the Gardens

Tuesday - Saturday, 10 am - 5 pm

Sunday - Noon - 5 pm

Garden Café

Tuesday - Sunday, 10 am - 4 pm

General inquiries about Fellows Riverside Gardens

email: info@friendsoffellows.org

Visit: FriendsOfFellows.org

millcreekmetroparks.org

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FRIENDS OF FELLOWS RIVERSIDE GARDENS

WELCOME BACK TO THE GARDENS! JOIN YOUR FRIENDS FOR A COCKTAIL PARTY UNDER THE STARS AT FELLOWS RIVERSIDE GARDENS.

Cash bar and heavy hors d'oeuvres by **Inspired Catering**. Welcome music by **Jason Volovar** and dance music by **Rudy and the Professionals**.

SUMMER
garden
PARTY

Friday, July 30
6:00 pm - 10:00 pm
