







Greetings, Friends!

f you are anxiously searching for some sign of spring, be sure to visit the Davis Center at Fellows Riverside Gardens. The Shop in

the Gardens has transitioned to a beautiful spring season filled with nature-inspired merchandise and unique items for those special spring holiday celebrations. Looking for something to take your mind off of winter? You will be cheered and refreshed by a vibrant display of orchids placed throughout the Center. In addition, the Weller Gallery is currently featuring an exhibition titled 'A Splash of Color.' Works by members of the Mahoning Valley Watercolor Society are being showcased through April 17, 2022.

Our Friends organization has been busy with spring planning also. Through the support of the John and Doris Andrews Memorial Education Endowment, Tracy DiSibato-Aust, well-known author and lecturer, will be speaking at the Davis Center on March 30, 2022. Friends will be hosting an evening lecture, free and open to the public. Reservations are requested.

Plans are also underway for a spring garden tour, 'Springtime in the Countryside,' scheduled for April 26, 2022. Details for this trip and for registration will be forthcoming. And, finally, our plant sale committee is already preparing for our first plant sale in May. Through your support of last year's plant sales, Friends was able to fund the purchase of some much needed new and replacement garden equipment that will be used by garden staff and volunteers in the care of the Gardens.

Did you know approximately 40,000 spring bulbs have been planted at Fellows Riverside Gardens? Sarah Spetsios, Gardens Supervisor, has shared this year's color scheme as a mix of red, orange, yellow and pink — 'a bold display after this year's dreary winter!' As we are counting down until the first blooms appear, we are reminded that "the nicest thing about the promise of spring is that sooner or later she'll have to keep it." (Mark Beltaire')

Join us in the Gardens to welcome Spring!

Denise Stewart

The Friends of Fellows Riverside Gardens

Newsletter Editorial Team: *Jim Houck, Scott Lanz, Denise Stewart, Janet Yaniglos, Mary Ann Navarro, Sarah Lowry, Bill Mullane*

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To become a member of Friends of Fellows Riverside Gardens, visit www.friendsoffellows.org.

FRIENDS OF FELLOWS RIVERSIDE GARDENS

Since 1988, the Friends have been dedicated to the promotion, improvement and preservation of Fellows Riverside Gardens, a free public garden, through advocacy and fundraising. As a non-profit 501(c)3 organization, the Friends are independent of the Gardens and Mill Creek MetroParks, yet work in steady collaboration with them to sponsor events and programs and to fund large-scale garden projects.

BOARD OF DIRECTORS VOTING MEMBERS

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Board Member Spotlight: William Mullane By Mary Ann Navarro

By Mary Ann Navarro

illiam Mullane is an artist, educator, administrator, and civic leader whose collaborative and creative leadership has shaped myriad arts and culture organizations and initiatives throughout the Mahoning Valley.

A champion for the arts, community, and the inseverable connection between the two, Bill currently serves not only on the Friends of Fellows Riverside Gardens board, but also on the board of the Community Foundation of the Mahoning Valley; the Raymond John Wean Foundation; the Trumbull Art Gallery; the Medici Museum: and the Warren Philharmonic Orchestra. He is also affiliated with the Fine Arts Council of Trumbull County and Power of the Arts.

Bill's involvement in the visual arts has been furthered by his work at the Butler Institute of American Art, where he has co-curated several exhibitions. Currently, Bill serves as adjunct curator and exhibition designer at the Medici Museum of Art and Gallery Director at the Trumbull Art Gallery. He also is a supporter of SMARTS (Students Motivated by the Arts) and the Warren City School, and the Any Given Child Program in conjunction with the Kennedy Center for the Performing Arts.

Bill has spent more than 40 years as an educator. He currently works as a school improvement supervisor for the Ashtabula County Educational Service Center and the Jefferson Area Local Schools. Prior to his work in Ashtabula, Bill spent 28 years as a teacher and administrator in the Warren City Schools.

Bill was recently awarded the 2022 Governor's Award for the Arts in Ohio for Community Development and Participation.

Bill said the following about serving on the Board of the Friends of Fellows Riverside Garden and why the Gardens are important to him. He responded:

"One of my areas of interest is the intersection between arts, culture, public spaces, and economic development.



Fellows Riverside Gardens is a real asset and cultural resource for our entire region.

The Gardens and the D.D. and Velma Davis Education & Visitor Center provide a remarkable resource for education and public gatherings. I love that the gardens are free and open to the public. The art gallery, café, gift shop, history display and meeting spaces serve a wide range of constituents and are one of many cultural resources in our community that make the Mahoning Valley an attractive and competitive place for business and industry to locate.

On a personal note, I was married to Patricia Latham for 36 years. After her untimely death in September of 2021, I found the Gardens a perfect place to seek quiet refuge. We both loved the Gardens and spending time there. The Gardens provide a great place to think, read, write, or draw. I recently was able to give the Gardens a gift in her memory. The gift recognizes the importance of the time we spent together at the Gardens and with the hope that in her death she can pay the gift of the Gardens forward."



Garden Spotlight Spring 2022: Hope (and Flowers) Springs Eternal

By Sarah Lowry

any year-end traditions celebrate the transition with a countdown. 5, 4, 3, 2, 1... and then —BANG — an eruption of bright lights and the euphoric sounds of fireworks, booming and blossoming across the dark winter sky. New Year's greetings are exchanged through ear-to-ear grins, fizzy drinks held high. If one is lucky, the new calendar year may also officially commence with a kiss.

Another significant transition also comes with a countdown, brought to anxious Americans via a small, furry amateur

meteorologist named Punxatawney Phil. Six more weeks of winter or an early spring? Much like the beloved Peter Pan, Phil's shifty shadow continues to invite consternation and chagrin.

But, as the saying goes, hope springs eternal and thankfully so, too, does spring. As former First Lady and bold, botanical visionary for environmental conservation and beautification Lady Bird Johnson said, "Where flowers bloom so does hope."

LOOKING FORWARD TO SPRING

When asked about what visitors can hope to see in the Gardens in the first quarter of 2022, Garden Supervisor Sarah Spetsios began by saying what so many of us are feeling: "We are looking forward to spring."

As was mentioned in the Winter Newsletter, Gardens staff and volunteers "sowed" up 2021 by planting 30,000 spring bulbs, which

will join approximately 10,000 survivors for a grand total of 40,000 bright, beautiful blooms. In a more down-to-earth continuation of the fireworks display celebrating the new year and new beginnings, the color theme this year will ignite the garden grounds with reds, oranges, and yellows. Tulips, daffodils, and other early risers can be seen in the usual locations, which can be found throughout the gardens.

To ensure visitors enjoy the dynamic display's full intended impact, Ms. Spestios shared that, "Staff are working on a project to inventory and update our permanent collection of daffodils, and we are collaborating with education and graphic services to make a handout for visitors, which will feature twelve varieties with information about the different daffodils, their locations, and a map."



DAFFODIL DATABASE

For the daffodil aficionados, the Gardens staff are working on a real treat. In addition to the handout described above, Ms. Spestios and her team collected data from spring of 2021 including over 125 varieties of daffodils and their locations. Staff also snapped photos to be uploaded on the Mill Creek MetroParks website's horticulture page, which will include all the varieties in the permanent collection as well the division flower color, bloom time, and location. Ms. Spestios notes

that this is a work in progress but something to look forward to this spring.

"We still have about 50 unconfirmed varieties that we will be looking for this spring and update our records accordingly," she said.

While winter is still gracing – and glazing – us with its presence, visitors can enjoy signs and symbols of spring through the many intriguing indoor plants on display in the Davis Center, which vary from towering tropical trees to dainty desktop-sized adorations.

Though tiny and seemingly timid, the orchids are often the most eyecatching of the bunch. Showing off so many varieties, shapes, patterns, and colors, orchids are a perfect way to escape the dull, dreariness of winter. Though the annual orchid show had to be postponed once more to ensure the health and safety of Gardens guests, these twisty tantalizing

beauties can still be spotted throughout the building.

Like Punksatawney Phil's more industrious cousins, Gardens staff have been, and continue to be, busy beavers preparing for spring's much anticipated arrival. There's always such excitement when the snow melts and plants and flowers throw off their heavy winter blankets as they begin to wake up. The clock is ticking and the alarm will soon sound to usher in the new season.

Ruth Stout, an American author best known for her "No-Work" gardening books and techniques said it best: "I love spring anywhere, but if I could choose I would always greet it in a garden."

Come visit the Gardens and ring in spring with us — it will be here before we know it.

Garden Travel Destinations for 2022

he Friends' next garden excursion takes advantage of our proximity to a fascinating part of Ohio – Amish Country! Join us on Tuesday, April 26, as we visit nearby Holmes County in springtime.

We've arranged for a "windshield tour" with a local guide, who will introduce us to the back roads and rolling hills of the Amish countryside. You will appreciate firsthand Holmes County's motto of "Homegrown Homemade Handmade" as we visit a cheesehouse, cuckoo clocks, and the quaint Berlin shops of quilts and furniture, country crafts and antiques.

We've planned a greenhouse visit to take in Amish growers' mid-spring bounty. Should you wish to purchase plants and flowers ready for May planting, we'll be providing travel-sturdy boxes for holding them in the suitcase bays of the bus.

A hearty Amish-style lunch, more plants, and then a private dinner and tour of the Ernest Warther Museum & Gardens in Dover complete our adventure. There, we'll step back in time to experience the life and artistry of master wood carver Ernest Warther and the 70,000-button collection of his wife's! There is the generations-old cutlery making business to observe, a cutlery shop and Swiss Gardens.

The "Springtime In the Countryside" bus tour is \$140 for members, \$185 for non-members. Brochures will be mailed and also available at the Visitor Center in

early March. The registration deadline will be in early April. Be sure to sign up early, as our day trips fill quickly.

Summer Travel

A summertime day trip is planned for Thursday, July 14. We'll head to central Ohio for a visit to the beautiful Kingwood Center Gardens in Mansfield. We'll also have a private tour of Schnurmeier Gardens in Gambier, where a quarry landscape, waterfalls, and ten small lakes are enhanced by serenity and woodland gardens, authentic Japanese garden structures, and sculpture. Expect our customary treat of unique lunch and dinner experiences, too.

Harvest-time Tour

This year's overnight garden tour heads to the Finger Lakes from Thursday, September 22 through Saturday, September 24. We'll take in the charm of upstate New York's lakes and lakeside towns at harvest time. Cornell Botanic Gardens, a winery stop, and numerous lakeside destinations are on our three-day itinerary. More details to come!

Traveling with Friends is an easygoing way to explore gardens and the world of horticulture. Each trip attracts both new travelers and familiar faces. You can expect a friendly camaraderie, good food, and great value for your money. We will comply with CDC and state COVID guidelines in place at the time to assure safe travel. Brochures will be mailed to members for each tour.



Our Bonus Gift for Your Vacation: Reciprocal Gardens Admissions

ne of the benefits of Friends membership is the access you have to admission and discounts at more than 345 gardens across North America. Magnolia Plantation and Gardens in Charleston, South Carolina ... Lady Bird Johnson Wildflower Center in Austin ... Phoenix's Desert Botanical Garden – gardens everywhere offer travelers the opportunity for a few hours of outdoor relaxation and sensory delight.

The American Horticultural Society created RAP (the Reciprocal Admissions Program) to encourage easy exploration of America's gardens. Your Friends membership opens the door to often free admission and discounted amenities. Just about every populated region of Florida has a RAP-affiliated garden, as do many gardens and conservatories and arboreta across New York and California. Even Hawaii, Alaska and Canada have gardens that offer RAP benefits.

Before you travel, check online for gardens in the cities and states you'll be visiting. Simply go on the American Horticultural Society website (ahsgardening. org), and explore its RAP listing of gardens, by state. Each garden's website is included, for you to read more.

AHS offers this advice for using the RAP benefits:

 Call the garden you would like to visit ahead of time. Some gardens have exclusions for special events or exhibits. Each garden has its

- own distinct admissions policies and hours of operation.
- Present your current membership card to receive the RAP benefits for that garden. Each card will only admit the individual(s) whose name is listed on the card.
- The 90-mile exclusion policy allows gardens to exclude members of other gardens within 90 miles of them from receiving their reciprocal benefits. Please contact the garden you plan to visit to enquire about their enforcement of this policy.
- Remember that the gardens you visit rely on admissions and donations to maintain their collections and gardens for all to enjoy. Please support them by visiting their gift shops or making a contribution.

The pleasure you experience in a walk through our own Fellows Riverside Gardens can be repeated as you travel this summer. Most public gardens don't offer free admission as our gardens do. (Elizabeth Fellows' will specified that the gardens bearing her family name remain free for all to enjoy.)

Let your Friends membership treat you to the refreshing beauty of gardens as you travel!

If you're not already a Friends member, visit friendsoffellows.org/membership to learn more.



New Garden Equipment for Fellows Riverside Gardens By Kathleen Krantz

t's hard to imagine gardening in the midst of the winter weather we have experienced. Beneath the ice and snow thousands of plants and bulbs are waiting to emerge in the beds so carefully tended by the garden team at Fellows. To assist the garden staff, the Friends of Fellows organization donated proceeds from the 2021 plant sales to purchase essential equipment used frequently throughout the grounds. The FFRG Plant sale committee and dedicated volunteers led by Chairperson Deb Metzger had five plant sales between May and October of 2021. As with previous years' plants sales, the profits realized are used to directly support garden maintenance and garden improvements at Fellows Riverside Gardens.

Thanks to all of our patrons and sponsors who supported these sales, the committee is proud to report a profit of more than \$8,000. The garden staff, Sarah Spetsios, Marcy Dubec, Andy Russell and Dan McElroy, are an integral part of the plant sales, from assisting the volunteers with watering young plants and monitoring growth in the greenhouses to setting up and tearing down of each sale. Friends acknowledges the partnership and teamwork of these dedicated staff members.

Replacing well-worn garden carts and acquiring new height-adjustable stainless steel potting tables were two of the items at the top of the wish list for Garden Supervisor Sarah Spetsios. In addition, a new



Dan McElroy and Marcy Dubec transplanting on the new tables.

dosatron was acquired. You might be asking yourself - what's a dosatron? It is a device used to ensure precise dosing, continuously and economically, when dispensing fertilizers fungicides, pesticides, algaecides, and surfactants.

Deb and her volunteer team are gearing up for the 2022 plant sales which will begin in May. Non-GMO vegetable seeds have already been planted. Master gardeners will be onsite for each sale to answer your questions and give tips to ensure a successful growing season.

See the "save the date" notice in this month's newsletter. Also follow us on Facebook and check our website for updates on plant varieties and future sale dates. We look forward to welcoming you at this year's plant sales.





Meet Dan McElroy by Scott Lanz

eet Dan McElroy, a new addition to the staff of Fellows Riverside Gardens. Dan began as a part-time Maintenance-Gardener on May 21 of last year, and then went full time six months later, on November 21, 2021. Dan is originally from East Palestine, and became familiar with Mill Creek MetroParks as a child. He had been living in Columbus for the last few years working at The Ohio State University, but he is now excited for the opportunity to work for Mill Creek MetroParks and Fellows Riverside Gardens. Dan has a degree in history, and has long been familiar with Mill Creek Park's distinctive history as Ohio's first public park district, so going to work for the MetroParks was particularly appealing, as is now working as a professional gardener. He feels his new job at the Gardens will allow him to achieve "a whole new level of plans."

When I met up with Dan on Saturday, February 6, he was busy with snow removal (part of his winter maintenance duties), but, like most of us, was looking forward to spring with less snow maintenance and more gardening. Aren't we all, Dan!



Volunteer Spotlight: Cynthia Foust by Mary Ann Navarro



proud mother of two adult children, Cynthia Foust resides in Youngstown. She graduated from Austintown Fitch High School. She is a tour guide and master gardener for Fellows Riverside Gardens. She has been a Gardens volunteer since 2015. Cynthia's favorite flower is Fellows' favorite, daffodils. She has even received a ribbon for them in the Fellows Riverside Gardens daffodil showing in the past. Her favorite tree is the Dawn Redwood.

Outside of our Gardens, she wears many hats. She is a master gardener volunteer and bee pollinator for Ohio State Mahoning County Extension Service. She is also an Ohio Certified Volunteer Naturalist for them. When she is not tending to nature, she sings with the Warren Civic Chorus. They do the Handel's Messiah annually. She is a 10-year member of the Stambaugh chorus and an usher for Stambaugh Auditorium. She is a docent at the Butler Institute of American Art, and also spends time as Vice President of the Mahoning Garden Club, which will be celebrating 95 years this year.

Cynthia has been named Volunteer of the Year for the Volunteer Advocacy Legal Unit (VALU) program. The VALU program is through the Community Legal Aid department in the Mahoning County Courthouse. She has also volunteered with the Broadhead and Wydell Memorial Team for more than 10 years by placing flags at veterans' graves in Oak Hill Cemetery.

Cynthia is grateful and thankful for Fellows Riverside Gardens. She is honored to be involved in the park that she loves, and she is in constant awe of its beauty.

Are you new to the art of pruning perennials or could your pruning skills use sharpening? Then

join internationally renowned Tracy DiSabato-Aust for the first time, or for a refresher lesson about the exciting and innovative techniques of

pruning perennials. Learn to prune to delay

need for staking and increase overwintering.

Gain information based on her updated best-

selling perennial maintenance bible "The Well-

Tended Perennial Garden"! Book signing with

copies available for purchase before and after

the lecture and in Shop in the Gardens.

flowering, control pests and disease, reduce the

Donations to Fellows Riverside Gardens

Friends of Fellows Riverside Gardens would like to acknowledge and thank the following for their donations and or memorials the past three months to support the gardens:

Nancy and Dave Stewart Carol Cafaro Mary Lou Rowe Carl James

Stan Shearer and Patti Hunt Shearer
Johnson & Johnson Matching gifts
program, Donald and Marna Hehr
Williamson Family Fund
James and Coralie Centofanti
Charitable Foundation
The Youngstown Foundation

William Mullane – in memory of Patricia Latham A Gardening Friend – in memory of Dolly Vivalo



Spring Lecture: The Art of Pruning Perennials Revisited

Wednesday, March 30, 2022 11:00 a.m. - 12:30 p.m.

Fellows Riverside Gardens D.D. and Velma Davis Education and Visitor Center



Fee per person. FFRG Members: \$10 Non-Members: \$15

Please send fully completed registration form below along with payment to: Friends of Fellows Riverside Gardens 123 McKinley Ave

Youngstown, OH 44509 Attn: Pruning Lecture

Reservations limited to the first 75 registered participants. Registrations must be received by Friday March 25, 2020. You can mail them to address below or bring them to the Shop in the Gardens at Fellows Riverside Gardens

Make checks payable to: Friends of Fellows Riverside Gardens

Name(s):				
Phone number:				
Email address (required for confirmation):				
Please charge my credit card:				
Card Number:	Exp Mo/Yr	/_	CVV	
Zip Code:				

This program is sponsored in part by the John and Doris Andrews Educational Endowment and Friends of Fellows Riverside Gardens.

Box lunch can be ordered from Kravitz Café and picked up prior to lecture. Call receptionist at FRG 330-740-7116 to reserve your lunch. Cost: \$10.95 each. Choice of: 1) Corned beef & Swiss 2) Turkey & provolone, 3) Chicken cranberry walnut salad 4) Egg Salad (all on white bread and includes pickle/chips/cookie). Order by Saturday 3/26

Spring Lecture: The New Well-Designed Mixed Garden: Building Borders with Trees, Shrubs, Perennials, Annuals & Bulbs

Wednesday, March 30, 2022 6:00 p.m. - 7:30p.m.

Fellows Riverside Gardens D.D. and Velma Davis Education and Visitor Center



Want to improve the look of your flower garden or home curb appeal? Please join us for an evening lecture with internationally renowned Tracy DiSabato-Aust. This interesting and informative lecture discusses the design fundamentals of border building using a wide palette of plant material. How do we effectively combine the plethora of woody and herbaceous plants available today? Design steps, color, texture, form, design principles of order, unity, and rhythm, garden art, maintenance of the mixed garden, as well as mixed garden designs, vignettes, and combinations will be highlighted. Learn from an artist and keen plants woman about creating gorgeous and environmentally sound mixed gardens.

Reservations are limited to the first 120 registered participants. Please stop in at the Visitor Center or call Fellows Riverside Gardens at 330-740-7116 and speak to a receptionist to register for this FREE LECTURE. Reservations must be received by Friday, March 25, 2020.

This program is sponsored in part by the John and Doris Andrews Educational Endowment and Friends of Fellows Riverside Gardens.

Note: For more information on any of these events or classes or to register online please go to www.millcreekmetroparks.org. **Please note** – Registration is required for many of the classes in this listing – check the specific event for drop-in class availability.

EXHIBITS

Mill Creek MetroParks History

Ongoing | Tuesday - Sunday, 10:00 a.m. - 5 p.m. Location: Fellows Riverside Gardens

The Melnick Museum offers the visitor a peek into the unique history of Mill Creek MetroParks. Look back and discover how Volney Rogers garnered property and how that land has grown into Mill Creek MetroParks. Learn about the generosity of Elizabeth Fellows that was the beginning of Fellows Riverside Gardens. And take time to learn about the early days of McGuffey and his boyhood homestead located in Coitsville and now known as

A Splash of Color

the McGuffey Wildlife Preserve.

Artist: Local artists from the Mahoning Valley Watercolor Society (MVWS) Ongoing | Through April 17, 2022 -Tuesday – Sunday, 10:00 a.m. – 5 p.m. Location: Fellows Riverside Gardens, Weller Gallery

The exhibit features 31 local artists who create with watercolor, plein air watercolor, acrylic, and alcohol ink. MVWS was founded in 1982 by eleven area artists with a goal to encourage local watercolor painters. The MVWS artist group includes beginners as well as professional artists who teach and show their work internationally.

EXPRESS YOURSELF

PIX in the Park

03/19 I 10:00 a.m. - Noon Location: Glacier Boathouse

Love photos of the park? Want to learn how to take better landscape photos while exploring different gems in the park? After learning basic photographic compositions, explore Lake Glacier, the Old Log Cabin and Fellows Riverside Gardens on a spring day. Bring a camera or cell phone. Dress for the weather and wear hiking/winter boots. Meet at Lake Glacier Boathouse. Registration requested two days prior. Call 330.740.7116 for details. NO walk-ins. Free.

PIX in the Park

03/23 | 5:00 p.m. – 7:00 p.m. Location: Glacier Boathouse

Love photos of the park? Want to learn how to take better landscape photos while exploring different gems in the

park. After learning basic photographic compositions, explore Lake Glacier, the Old Log Cabin and Fellows Riverside Gardens on a spring day. Bring a camera or cell phone. Dress for the weather and wear hiking/winter boots. Meet at Lake Glacier Boathouse. Registration requested two days prior. Call 330.740.7116 for details. NO walk-ins. Free.

PIX in the Park

04/21 | 5:30 p.m. - 7:30 p.m. 04/23 | 9:00 a.m. - 11:00 a.m. Location: TBA

Bluebells and Daffodils - TBA - call 330.740.7166 for details after April 1 This is a free event, but will require registration. Free.

PIX in the Park

Private Tour of Mill Creek Wildlife Sanctuary 05/21 I 9:30 a.m. - 11:30 a.m. 05/25 I 5:30 p.m. – 7:30 p.m. Location: MC Wildlife Sanctuary

Love photos of the park? Want to learn how to take better landscape photos while exploring different gems in the park. After learning basic photographic compositions, explore the wildlife sanctuary. Bring a camera or cell phone. Dress for the weather and wear hiking/ winter boots. Meet at Lake Glacier Boathouse. Registration requested two days prior to each event (5/19 or 5/23). Call 330.740.7116 for details. NO walk-ins. Free.

Grapevine Bunny Wreath

3/19 | 10:00 am - Noon Location: Fellows Riverside Gardens -Kidston Classroom

Get ready for Spring! Create a beautiful grapevine bunny wreath with Instructor Judy Stanislaw. Pre-registration required by 3/17. Register / pay online or call 330.740.7116. Cost: \$25 R; \$29 NR.



Live Arrangement

4/16 | 10:00 am - Noon Location: Fellows Riverside Gardens -Kidston Classroom

Join instructor Judy Stanislaw to create a live arrangement. Pre-registration required by 4/14. Register / pay online or call 330.740.7116. Cost: \$25 R; \$29 NR.

Summer Patio Pot - Live Pots

5/07 | 10:00 am - Noon Location: Fellows Riverside Gardens -Kidston Classroom

Join instructor Judy Stanislaw to create a summer patio pot with live plants. Preregistration required by 5/05. Register / pay online or call 330.740.7116. Cost: \$25 R: \$29 NR.

HEALTHY LIVING

Yoga in the Gardens

Tuesday and Thursday mornings 9:30a.m.- 11:00 a.m. Location: Fellows Riverside Gardens: Radius Room

Tuesday: 3/1, 3/8, 3/15, 3/22, 3/29, 4/5, 4/12, 4/19, 4/26, 5/3, 5/10, 5/17, 5/24,

Thursday: 3/3, 3/10, 3/17, 3/24, 3/31, 4/7, 4/14, 4/21, 4/28, 5/5, 5/12, 5/19,

Join Marina Perdos for a blend of energizing yoga styles that will help you keep a healthy outlook. All levels are welcome. Bring a mat and a small blanket. Register / pay by 2 days prior to the session, online or call 330.740.7116. Walk-ins welcome. \$15/class

Yoga Basics Course

Friday or Sunday Morning 9:15 a.m. - 10:30 a.m. Location: Fellows Riverside Gardens: Radius Room Sunday: 3/13, 3/20, 3/27, 4/3, 4/10, 4/17, 4/24, 5/1 Friday: 3/18, 3/25, 4/1, 4/8, 4/15, 4/22, 4/29.5/6

Release physical and mental tensions while gradually improving strength and flexibility. Gentle but thorough classes guided by experienced instructor Karres Cvetkovich. Choose either Sunday or Friday for this eight-week course. Benefit from an experienced teacher and a welcoming environment. Pre-registration required. Register / pay, online or call 330.740.7116. \$96/8 weeks



T'ai Chi Step One in the Gardens

Wednesdays Noon – 1:00 p.m.

Location: Fellows Riverside Gardens -Radius Room

Wednesday: 3/2, 3/9, 3/16, 3/23, 3/30, 4/6, 4/13, 4/10, 4/27, 5/4, 5/11, 5/18,

Ease stress, improve health, and increase vitality. Join Marie Lew in warm-ups, breathing exercises and selected movements from a classic Chen T'ai Chi form. Register / pay by 2 days prior to the session online or call Fellows Riverside Gardens at 330-740-7116 for details. Walk-ins welcome. \$12/class

T'ai Chi Basics for Beginners Course

Thursdays Noon - 1:00 p.m.

Location: Fellows Riverside Gardens -Radius Room

Thursday: 3/10, 3/17, 3/24, 3/31, 4/7, 4/14, 4/21, 4/28, 5/5, 5/12

Learn this classic art of energy balancing while developing coordination, flexibility, and leg strength. Designed for beginners, this course includes warm-ups, breathing exercises and the first steps of a classic T'ai Chi form. Learn to flow through your day feeling centered and attuned! Register online or call 330.740.7116. Fee for 10-week course \$120.

KIDS & FAMILIES

Sprout Club: Maple Syrup

3/17 | 1:00 p.m. - 2:00 p.m. Location: Fellows Riverside Gardens: Kidston Classroom

Ages 3-5, plus adult. Join Sprout Club for learning and fun with hands-on activities while learning about maple syrup. Register/pay by 3/15, online or call 330.740.7116. \$7

Sprout Club: Dandelions

4/21 | 1:00 p.m. - 2:00 p.m. Location: Fellows Riverside Gardens: Kidston Classroom

Ages 3-5, plus adult. Join Sprout Club for learning and fun with hands-on activities while learning about dandelions. Register/pay by 4/19, online or call 330.740.7116. \$7

Sprout Club: Birds

5/19 | 1:00 p.m. – 2:00 p.m. Location: Fellows Riverside Gardens: Kidston Classroom

Ages 3-5, plus adult. Join Sprout Club for learning and fun with hands-on activities while learning about birds. Register/pay by 5/17, online or call 330.740.7116. \$7

Bear Cub Art Club – Signs of Spring

3/15 | 10:00 a.m. – 11:00 a.m. Location: Fellows Riverside Gardens: Kidston Classroom

Ages 3-5, plus adult. Love creating masterpieces? Join Bear Cub Art Club. Learn about signs of spring and create a spring mixed media painting. Register/pay by 3/13, online or call 330.740.7116. \$7

Bear Cub Art Club - Signs of Spring

4/12 | 10:00 a.m. – 11:00 a.m. Location: Fellows Riverside Gardens: Kidston Classroom

Ages 3-5, plus adult. Love creating masterpieces? Join Bear Cub Art Club. Learn about signs of spring and create a spring mixed media painting. Register/pay by 4/10, online or call 330.740.7116. \$7

Bear Cub Art Club - Topic TBA

5/10 | 10:00 a.m. – 11:00 a.m. Location: Fellows Riverside Gardens: Kidston Classroom

Ages 3-5, plus adult. Love creating masterpieces? Join Bear Cub Art Club. Learn about signs of spring and create a spring mixed media painting. Register/pay by 05/08, online or call 330.740.7116.

HORTICULTURE

Botanical Mornings

3/25 | 9:00 a.m. – 10:00 a.m. Location: Fellows Riverside Gardens: DeYor Concourse

Discover the progress of the seasons here at Fellows Riverside Gardens. Then, enjoy a complimentary cup of coffee or tea in Kravitz Garden Café. Register/pay by 3/23, online or call 330.740.7116. \$5. Dress for the weather.

Botanical Mornings

4/22 | 9:00 a.m. – 10:00 a.m. Location: Fellows Riverside Gardens: DeYor Concourse

Discover the progress of the seasons here at Fellows Riverside Gardens'. Then, enjoy a complimentary cup of coffee or tea in Kravitz Garden Café. Register/pay by 4/23, online or call 330.740.7116. \$5. Dress for the weather.

Botanical Mornings

5/20 | 9:00 a.m. – 10:00 a.m. Location: Fellows Riverside Gardens: DeYor Concourse

Discover the progress of the seasons here at Fellows Riverside Gardens'. Then, enjoy a complimentary cup of coffee or tea in Kravitz Garden Café. Register/pay by 5/18, online or call 330.740.7116. \$5. Dress for the weather.

Daffodil Walk

4/23 | 11:30 a.m. – 12:30 p.m. Location: Fellows Riverside Gardens: DeYor Concourse

Delight in the beauty, diversity and fragrance of daffodils on this guided walk with local daffodil expert, Gordon Vujevic. Meet in the Davis Visitor Center Library prior to start time. Register by 4/21, online or call 330.740.7116. Free.

HIKES and WALKS

Full Moon Hike

3/18 | 7:30 p.m. — 9:00 p.m. Location: MCMP Golf Course

Join a Park Educator for a March full moon hike. Dress for the weather and wear hiking/winter boots. Bring a flashlight. Moderate, 2 miles. Meet at MCMP Golf Course Practice Field. Registration required by 3/16. Register online or call for details 330.740.7116. No walk-ins and no pets. Free

Full Moon Hike

4/16 | 8:15 p.m. – 9:30 p.m. Location: TBA

Join a Park Educator for an April full moon hike. Dress for the weather and wear hiking/winter boots. Bring a flashlight. Moderate, 2 miles. Meet at TBA. Registration required by 4/14. Register online or call for details 330.740.7116. No walk-ins and no pets. Free

Full Moon Hike

5/16 I 9:00 p.m. – 10:30 p.m. Location: TBA

Join a Park Educator for a May full moon hike. Dress for the weather and wear hiking/winter boots. Bring a flashlight. Moderate, 2 miles. Meet at TBA. Registration required by 5/14. Register online or call for details 330.740.7116. No walk-ins and no pets. Free





THIS AND THAT

FOR THE BIRDS

4/16 I 8:00 a.m. – 9:30 a.m. Location: MCMP Wildlife Sanctuary

Enjoy spring birding with Jeff Harvey on this early morning hike at Mill Creek Wildlife Sanctuary. Space is limited. Boots required. Register at Fellows Riverside Gardens or call 330.740.7116 by 4/14. Moderate hike, 1.25 miles. Free

FOR THE BIRDS

5/21 I 8:00 a.m. – 9:30 a.m. Location: MCMP Wildlife Sanctuary

Enjoy spring birding with Jeff Harvey on this early morning hike at Mill Creek Wildlife Sanctuary. Space is limited. Boots required. Register at Fellows Riverside Gardens or call 330.740.7116 by 5/19. Moderate hike, 1.25 miles. Free

SPECIAL EVENTS

Farm Animal Baby Shower

5/07 I 1:00 p.m. -4:00 p.m. Location: MCMP Farm Canfield

Welcome new arrivals to the Barns and see who might be expecting this season. Free

No registration required.

Lunch with the Leprechaun / Inspired Catering by Kravitz

Saturday 3/12 I 11:00 am – 2:00 p.m. Location: Fellows Riverside Gardens Reservations required Call 330.740.7116 for additional information on cost and to make a reservation.

Easter Sunday Brunch / Inspired Catering by Kravitz

Sunday 4/17 I 12:00 Noon seating and 3:00 p.m. seating Location: Fellows Riverside Gardens Reservations required Call 330.740.7116 for additional information on cost and to make a reservation.

Mother's Day Brunch / Inspired Catering by Kravitz

Sunday 5/8 | 10:00 a.m. seating and 1:00 p.m. seating Location: Fellows Riverside Gardens Reservations required Call 330.740.7116 for additional information on cost and to make a reservation.

TROLLEY TOURS

Please note — for all Trolley Tours — Trolley does not have heat. Dress for weather. Seating limited.

Daffodil Trolley Tours

4/23 | Noon — 1:00 p.m. or 1:30 p.m. — 2:30 p.m.

Location: Board at Fellows Riverside Gardens

Take the Trolley to Daffodil Meadow as we celebrate Spring and all things daffodil. Trolley boards at Fellows Riverside Gardens parking lot. Register/pay by 4/21, online or call 330.740.7116. Adults: \$10 R, \$12 NR; Seniors/Youth: \$7R, \$9 NR. Space limited

Spring Trolley Tours

See dates and deadlines to register below for these tours

Location: Board at Fellows Riverside Gardens

Enjoy Spring in Mill Creek Park with natural and historic views aboard the Cohasset Express. The Trolley boards at Fellows Riverside Gardens parking lot. Register by two days in advance. Adults: \$10 R, \$12 NR; Seniors/Youth: \$7R, \$9 NR. Space limited

5/01 I 1:30 p.m. – 2:30 p.m. or 3:00 p.m. – 4:00 p.m.

5/03 l 1:30 p.m. – 2:30 p.m. or 3:00 p.m. – 4:00 p.m.

5/08 | 1:30 p.m. – 2:30 p.m. or 3:00 p.m. – 4:00 p.m.

5/10 I 1:30 p.m. - 2:30 p.m. or 3:00 p.m. - 4:00 p.m.

5/15 | 1:30 p.m. – 2:30 p.m. or 3:00 p.m. – 4:00 p.m.

 $5/17\ I\ 1:30\ p.m. - 2:30\ p.m.$ or $3:00\ p.m. - 4:00\ p.m.$

5/22 I 1:30 p.m. – 2:30 p.m. or 3:00 p.m. – 4:00 p.m.

5/24 | 1:30 p.m. – 2:30 p.m. or 3:00 p.m. – 4:00 p.m.

5/29 I 1:30 p.m. – 2:30 p.m. or 3:00 p.m. – 4:00 p.m.

5/31 I 1:30 p.m. – 2:30 p.m. or 3:00 p.m. – 4:00 p.m.



123 McKinley Avenue • Youngstown, OH 44509

Mill Creek MetroParks - Fellows Riverside GardensFree and open daily, dawn until dusk

D.D. and Velma Davis Education & Visitor Center

Information Desk 330.740.7116 Tuesday - Sunday, 10 am - 5 pm

Closed: Mondays

Closed: Thanksgiving, Christmas & New Year's Day

Shop in the Gardens

Tuesday - Saturday, 10 am - 5 pm Sunday - Noon - 5 pm

Garden Café

Tuesday - Sunday, 10 am - 4 pm

General inquiries about Fellows Riverside Gardens

email: info@friendsoffellows.orgVisit: FriendsOfFellows.orgmillcreekmetroparks.org

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